

**Exe to Axe 2010**  
**Exe to Axe 2010**

Sunday 4 April 2010. 10:00 am

**Provisional Results for All Competitors in finish order.**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/mile</i>	<i>Race</i>	<i>Race</i>
1	2:40:40	BELLWARD, James		NDB	07:54.7	332	1
2	2:54:03	CONWAY, Terry	Bracknell	All Men	08:34.3	148	2
3	2:56:37	STONE, Dave	Exmouth Harriers	NDB	08:41.9	221	3
4	2:57:36	MUSGROVE, Michael	Exmouth Harriers	All Men	08:44.8	37	4
5	3:07:37	GOC, Milan	Honiton Running Club	All Men	09:14.4	210	5
6	3:07:38	ILES, Richard		All Men	09:14.4	138	6
7	3:07:44	PAVIOUR, Ben	Herne Hill Harriers	NDB	09:14.7	305	7
8	3:07:47	ROWE, David	St Austell RC	All Men	09:14.9	230	8
9	3:08:36	AWAN, Barry	Bath AC	All Men	09:17.3	320	9
10	3:09:20	ADAMS, Steve	Westbury Harriers	All Men	09:19.4	202	10
11	3:10:02	CHAPMAN, Mick	Falmouth Road Runners	All Men	09:21.5	252	11
12	3:10:36	BILLINGHAM, David	Cheltenham	All Men	09:23.2	140	12
13	3:11:57	DENNIS, Emma		All Ladies	09:27.2	298	13
14	3:13:43	BAYER, Malcolm	Sidmouth Running Club	All Men	09:32.4	295	14
15	3:14:04	HILL, Matthew	Langport Runners	NDB	09:33.4	326	15
16	3:14:28	WEBBER, Stuart	Serpentine AC	All Men	09:34.6	267	16
17	3:15:02	MCLOUGHLIN, Mike		NDB	09:36.3	285	17
18	3:15:11	BAUMBER, Annie	Bracknell	All Ladies	09:36.7	146	18
19	3:17:55	CROOME, Jonathan	Exmouth Harriers	All Men	09:44.8	278	19
20	3:18:09	MCLEOD, Ross		All Men	09:45.5	136	20
21	3:19:35	FRY, Bernard	Axe Valley Runners	All Men	09:49.7	314	21
22	3:21:25	READING, Steve	Running Forever RC	All Men	09:55.1	169	22
23	3:25:12	BISHOP, Richard		All Men	10:06.3	201	23
24	3:27:12	BIRCH, Sean	Islwyn Running Club	All Men	10:12.2	259	24
25	3:27:56	RESCORLA, Kensa		All Ladies	10:14.4	240	25
26	3:28:19	LONGHURST, Martin	Great West Runners	All Men	10:15.5	269	26
27	3:29:08	RAMPERSAD, David	Sidmouth Running Club	All Men	10:17.9	308	27
28	3:29:45	CHARLESTON, Steve	Bearbrook Joggers	All Men	10:19.8	203	28
29	3:30:01	HORSWELL, Tristan	Ashburton Hash House Harriers	NDB	10:20.6	310	29
30	3:30:53	TURNER, James	Truro Running Club	All Men	10:23.1	272	30
31	3:31:25	HUGHES, Graeme	Gales Francais	All Men	10:24.7	391	31
32	3:34:51	STAYNER, Neal	Langport Runners	All Men	10:34.8	241	32
33	3:35:27	ASTINGTON, Owen	Langport Runners	All Men	10:36.6	175	33
34	3:35:41	LEACH, David		All Men	10:37.3	300	34
35	3:36:03	BATEMAN, Jonathan	Road Runners	NDB	10:38.4	158	35
36	3:36:13	HODGES, Bob	Bearbrook Joggers	All Men	10:38.9	167	36
37	3:36:22	COOKE, Matthew	West Country Tri	All Men	10:39.3	173	37
38	3:36:47	PUZEY, Di	Sidmouth Running Club	All Ladies	10:40.6	321	38
39	3:36:51	WATERMAN, Matthew		All Men	10:40.7	239	39
40	3:37:02	HOLMES, Ian	gillingham Trotters	All Men	10:41.3	311	40
41	3:37:38	LONGHORN, Jason		All Men	10:43.1	307	41
42	3:42:02	BAUMBER, Matt	Almost Athletes	All Men	10:56.1	142	42
43	3:44:33	SPURGE, Paul	Portsmouth Joggers	All Men	11:03.5	152	43
44	3:45:02	BUCHAN, Stuart		All Men	11:04.9	208	44
45	3:45:24	WICKHAM, Steve	Bearbrook Joggers	All Men	11:06.0	168	45
46	3:45:30	BUTLER, Richard		NDB	11:06.3	336	46
47	3:46:34	BELL, Virginia	Sidmouth Running Club	All Ladies	11:09.5	242	47
48	3:47:00	TIMMS, Henrietta		All Ladies	11:10.7	222	48
49	3:47:02	SHEARER, Andy	Sidmouth Running Club	All Men	11:10.8	322	49
50	3:48:32	PURSER, Nick	Serpentine AC	All Men	11:15.3	265	50
51	3:48:56	BRITTAIN, Stefan	Hogweed Trotters	All Men	11:16.5	32	51
52	3:48:57	KEEFE, Chris	Axe Valley Runners	All Men	11:16.5	333	52
53	3:49:28	PERRATT, Garry	Axe Valley Runners	All Men	11:18.0	206	53
54	3:49:52	HARRISON, Jason	Chippenham Harriers	All Men	11:19.2	220	54
55	3:51:00	TRUSSLER, Ian	Chippenham Harriers	All Men	11:22.6	274	55
56	3:51:28	HUNT, John	Finch Coasters	All Men	11:23.9	247	56
57	3:52:28	ROSS, Joanne	Great West Runners	All Ladies	11:26.9	288	57
58	3:52:29	WIDDUP, Matthew	Great West Runners	All Men	11:26.9	287	58

\* RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com \*

Results produced by Sidmouth Running Club. Printed by Sidmouth Running Club on 4 April 2010

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**Provisional Results for All Competitors in finish order.**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/mile</i>	<i>Race</i>	<i>Race</i>
59	3:53:19	HILTON, Malcolm		NDB	11:29.4	244	59
60	3:53:20	POWRIE, Catherine	South West Road Runners	All Ladies	11:29.5	243	60
61	3:53:29	BROOKS, Mark	Dartmoor Runners	All Men	11:29.9	302	61
62	3:53:58	FERGUSON, Andrew	St Austell RC	NDB	11:31.3	235	62
63	3:55:40	BETTS, Roy	Evesham Vale RC	All Men	11:36.4	212	63
64	3:55:42	KEEP, Jocelyn	Sandhurst Joggers	All Ladies	11:36.4	39	64
65	3:55:45	ROBSON, Ian	Sidmouth Running Club	All Men	11:36.6	219	65
66	3:55:47	DODGE, Richard	Yeovil Town RRC	All Men	11:36.7	258	66
67	3:55:59	MILLS, Jenny	Launceston RR	All Ladies	11:37.3	209	67
68	3:56:28	EAVES, Nick	Striders of Croydon	All Men	11:38.7	266	68
69	3:56:56	CROOME, Lorraine	Exmouth Harriers	All Ladies	11:40.1	277	69
70	3:56:56	ADAMS, Tim	St Austell RC	All Men	11:40.1	237	70
71	3:57:01	BEECH, Jane	Sidmouth Running Club	All Ladies	11:40.3	284	71
72	3:57:16	TEED, Paul		NDB	11:41.1	229	72
73	3:57:17	WAINWRIGHT, Tom		All Men	11:41.1	301	73
74	3:59:21	LUSTY, Liz	St Austell RC	All Ladies	11:47.2	271	74
75	3:59:33	BAKERE, Andrew		NDB	11:47.8	215	75
76	3:59:35	MCCAFFERY, Stephen		NDB	11:47.9	216	76
77	4:00:53	COLQUHOUN, Shirley	Tadcaster Harriers	All Ladies	11:51.8	211	77
78	4:00:53	BLISSET, James		All Men	11:51.8	318	78
79	4:05:17	SMITH, Alistair	Turnips Trotters	All Men	12:04.8	174	79
80	4:05:19	BRITTEN, Tony		NDB	12:04.9	331	80
81	4:05:51	BERRY, Michael		All Men	12:06.4	296	81
82	4:05:56	INGRAM, Rosie	Serpentine AC	NDB	12:06.7	31	82
83	4:07:00	WATSON, Janet	Falmouth Road Runners	All Ladies	12:09.8	255	83
84	4:10:15	VISSIERE, Stephanie	Gales Francais	All Ladies	12:19.4	390	84
85	4:10:21	MIDDLETON JONES, Rebecca	Sidmouth Running Club	All Ladies	12:19.7	205	85
86	4:10:35	ILES, Joanne		All Ladies	12:20.4	139	86
87	4:14:05	WESTGATE, Lesley	Maiden Newton Runners	All Ladies	12:30.8	234	87
88	4:15:15	ELDRIDGE, Polly		NDB	12:34.2	313	88
89	4:17:35	HODGESON, Lucy	Exmouth Harriers	NDB	12:41.1	328	89
90	4:17:40	GILSON, Lorraine	Exmouth Harriers	All Ladies	12:41.4	245	90
91	4:17:41	OLDHAM, Terry	Exmouth Harriers	All Men	12:41.4	246	91
92	4:17:59	ARNOLD, Andy		All Men	12:42.3	176	92
93	4:19:33	CUELTHENHAM, Almor		NDB	12:46.9	335	93
94	4:20:13	FRAGOSO, Abi	North Devon Road Runners	NDB	12:48.9	264	94
95	4:20:14	CAMPBELL, Claire	South Molton Strugglers	NDB	12:48.9	304	95
96	4:20:56	REDDY, Siobhan	Serpentine AC	All Ladies	12:51.0	223	96
97	4:20:56	STANTON, Rachael	Southampton City AC	All Ladies	12:51.0	177	97
98	4:21:09	DIETSCH, Peter		All Men	12:51.7	214	98
99	4:22:31	FRYER, Rebecca		All Ladies	12:55.7	161	99
100	4:23:05	FORMAN, Tom		All Men	12:57.4	33	100
101	4:23:54	TURLEY, Richard		All Men	12:59.8	217	101
102	4:24:13	KING, Nancy		All Ladies	13:00.7	36	102
103	4:24:13	BARRELL, Benjamin		All Men	13:00.7	34	103
104	4:24:42	GODBEER, Claire	Sidmouth Running Club	All Ladies	13:02.1	316	104
105	4:26:01	DOWNEY, Colin	Dudley and Kingswinford RC	All Men	13:06.0	162	105
106	4:26:04	RIDGEWAY, Sandy	Bearbrook Joggers	All Ladies	13:06.2	166	106
107	4:26:04	HUXLEY, Linda	Bearbrook Joggers	All Ladies	13:06.2	204	107
108	4:27:22	BIRCH, Coleen	Islwyn Running Club	All Ladies	13:10.0	260	108
109	4:29:01	BERRY, Kenneth	Watford	NDB	13:14.9	133	109
110	4:29:19	BOX, Charlotte		All Ladies	13:15.8	268	110
111	4:29:59	MITCHELL, Matt	Watford	All Men	13:17.8	293	111
112	4:32:02	MABY, Christopher		All Men	13:23.8	147	112
113	4:33:16	COULSON, Sophie	Swinton Running Club	All Ladies	13:27.5	256	113
114	4:33:17	DILLEY, Matthew		All Men	13:27.5	236	114
115	4:35:09	TREBILCOCK, Mark	St Austell RC	All Men	13:33.0	270	115
116	4:35:10	EDWARDS, Nicholas	Wells City Harriers	All Men	13:33.1	312	116
117	4:36:00	CHOAK, Sarah	Falmouth Road Runners	All Ladies	13:35.5	254	117
118	4:36:56	MARRIOTT, Debbie	Sidmouth Running Club	All Ladies	13:38.3	280	118
119	4:37:53	CAWThERA, Don	Sidmouth Running Club	All Men	13:41.1	281	119

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120	4:37:53	PRIVETT, Ross		All Men	13:41.1	226	120
121	4:37:54	PARKES, Stuart	South West Road Runners	All Men	13:41.2	224	121
122	4:38:02	LEWIS, Steven	Axe Valley Runners	All Men	13:41.5	297	122
123	4:38:58	BROOKS, Richard	Cobra AC	All Men	13:44.3	154	123
124	4:39:01	KELLY, Carolyn	Cobra AC	NDB	13:44.5	153	124
125	4:39:48	LEWIS, David		All Men	13:46.8	299	125
126	4:39:48	FRANCKOM, Mark	R C Trail Runners	All Men	13:46.8	156	126
127	4:39:49	LEWIS, Steve	R C Trail Runners	All Men	13:46.8	155	127
128	4:39:50	JACKSON, Richard	R C Trail Runners	All Men	13:46.9	157	128
129	4:39:57	HOOK, Guy	St Austell RC	All Men	13:47.2	228	129
130	4:44:04	TINNION, Jim		All Men	13:59.4	289	130
131	4:46:33	LLOYD, Christine	Halesowen A&CC	All Men	14:06.7	213	131
132	4:48:56	KILBURN, Catherine		All Ladies	14:13.8	231	132
133	4:49:04	HUSHON, Jane		All Ladies	14:14.1	232	133
134	4:51:24	BATES, Peter	Pitsea Running Club	All Men	14:21.0	292	134
135	4:54:49	LAVENDER, Andrew		All Men	14:31.1	150	135
136	4:56:14	WELSH, David	Sidmouth Running Club	All Men	14:35.3	294	136
137	4:57:32	FORSYTH, Jon		All Men	14:39.2	171	137
138	4:57:54	GROMIT,	Ashburton Hash House Harriers	All Men	14:40.3	309	138
139	4:57:57	BONDI, Stewart	Dartmoor Runners	All Men	14:40.4	290	139
140	5:10:37	KEEP, Mike	Running High	All Men	15:17.8	35	140
141	5:11:52	VENN, Kerry		NDB	15:21.5	325	141
142	5:16:48	BRAUN, Ines	gillingham Trotters	All Ladies	15:36.1	279	142
143	5:16:49	CLAPHAM, Penny	Teign valley RC	All Ladies	15:36.1	238	143
144	5:30:37	CLARKE, Debra	Falmouth Road Runners	NDB	16:16.9	306	144
145	5:30:37	JOLLIFFE, Kim	Wimborne AC	All Ladies	16:16.9	172	145
146	5:30:38	ANDREWS, Jane	Falmouth Road Runners	All Ladies	16:17.0	253	146
147	5:31:13	CROCKER, Marilyn	Victory AC	All Ladies	16:18.7	317	147
148	5:56:51	ANDREWS, Lizzy	gillingham Trotters	All Ladies	17:34.4	275	148
149	5:56:51	NEWBERRY, Dorothy	gillingham Trotters	All Ladies	17:34.4	276	149

There were 149 finishers in the All Competitors category.

**Exe to Axe RELAYS**

**Exe to Axe Relays 2010**

Sunday 4 April 2010. 10:00 am

**Provisional Results for All Competitors in finish order.**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/mile</i>	<i>Race</i>	<i>Race</i>
1	2:50:43	HURST, Gareth/Emma Hitchins	South West Road Runners 'A'	NDB	08:24.4	324	1
2	3:08:14	GRAZ, Michael and Heather	Mad Scientists		09:16.2	395	2
3	3:11:48	DOMINEY, Matt/Steve Rosser	South West Road Runners 'B'	NDB	09:26.7	330	3
4	4:10:41	WEBB, Andy/Jackie Jacobs/Sharon & John Lambert	Woodbury Salterton Plodders	NDB	12:20.7	399	4
5	4:23:15	KEAST, Cathy/David Palmer	Palmer/Keast		12:57.9	388	5
6	4:23:15	PALMER, Helen/Becky Robson	Girls Just Wanna Run	NDB	12:57.9	382	6

There were 6 teams finishing in the Relays.