

**Exe to Axe 2009**  
**Exe to Axe 2009**

Sunday 5 April 2009. 10:00 am

**Provisional Results for All Competitors in finish order.**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/mile</i>	<i>Race</i>	<i>Race</i>
1	2:56:06	MILLER, David	Teignbridge Trotters		08:40.3	71	1
2	3:00:11	HARDCASTLE, Gareth	Garden City Runners	NDB	08:52.4	128	2
3	3:00:13	CONWAY, Terry	Worcester AC		08:52.5	169	3
4	3:04:11	CARTWRIGHT, Lucy	South West Road Runners		09:04.2	145	4
5	3:04:48	EVERSON, Richard	South West Road Runners		09:06.0	70	5
6	3:09:12	SPERRIN, Paul	Bitton RR		09:19.0	112	6
7	3:10:23	FRY, Bernard	Axe Valley Runners		09:22.5	72	7
8	3:12:18	ALLEN, Markus	Garden City Runners	NDB	09:28.2	129	8
9	3:12:35	BAYLISS, Phil	Axe Valley Runners		09:29.0	46	9
10	3:16:16	LASCELLES, Martin	Yeovil Town RRC		09:39.9	104	10
11	3:16:40	HILL, Matthew	Langport Runners	NDB	09:41.1	45	11
12	3:18:26	HALL, Dan	Army	NDB	09:46.3	146	12
13	3:18:31	KEMP, Mark			09:46.6	140	13
14	3:18:40	KING, Stephen	South West Road Runners		09:47.0	48	14
15	3:19:27	PHILP, Catherine			09:49.3	134	15
16	3:19:45	HARDCASTLE, Brian	Garden City Runners		09:50.2	126	16
17	3:19:52	BILLINGHAM, David	Cheltenham		09:50.6	61	17
18	3:21:34	THOMPSON, Martin	Westbury Harriers		09:55.6	120	18
19	3:21:34	HOWARD, Gareth	Westbury Harriers		09:55.6	175	19
20	3:21:42	JAMES, Simon	Devon & Cornwall Police		09:56.0	159	20
21	3:21:54	LAMBERT, Jamie	Axe Valley Runners	NDB	09:56.6	47	21
22	3:22:08	TAYLOR, John	Shakespeare Rowing Club		09:57.3	167	22
23	3:22:18	HOWELLS, Jason		NDB	09:57.8	125	23
24	3:23:16	CLUNIE, Jason			10:00.6	190	24
25	3:23:31	THOMAS, David			10:01.3	82	25
26	3:23:31	HUNT, Jim			10:01.3	1132	26
27	3:23:40	HARDCASTLE, Kath	Garden City Runners	NDB	10:01.8	127	27
28	3:24:27	COWEN, Jeremy	Chepstow		10:04.1	119	28
29	3:25:05	BRAZNELL, Kim	Halesowen A&CC		10:06.0	177	29
30	3:25:41	ECKFORD, Matthew			10:07.8	111	30
31	3:26:21	TRUEMAN, Jim	Pennine Fell Runners		10:09.7	100	31
32	3:26:30	OLIVER, Simon	North Devon Road Runners	NDB	10:10.2	93	32
33	3:26:36	RAMPERSAD, David	Sidmouth Running Club		10:10.5	88	33
34	3:27:18	DENNIS, Emma			10:12.5	73	34
35	3:27:20	RATHBONE, Colin	Vale Royal AC		10:12.6	113	35
36	3:28:12	WYNES, Adam			10:15.2	83	36
37	3:28:56	HURDLE, Richard	Stoud and District Athletic Club	NDB	10:17.4	52	37
38	3:29:03	Unidentified runner		NDB	10:17.7	1126	38
39	3:29:14	SLATER, Roger	Dark Peak Fell Runners		10:18.2	85	39
40	3:29:51	TIMMS, Henrietta			10:20.1	122	40
41	3:34:02	JAKEMAN, Peter	Yeovil Town RRC		10:32.4	102	41
42	3:34:31	MORLEY, Simon	City of Salisbury ARC		10:33.9	121	42
43	3:35:01	MCINTOSH, Brian	Shenley Striders		10:35.3	164	43
44	3:35:08	HITCHINGS, Robert		NDB	10:35.7	189	44
45	3:35:38	KELSEY, Chris	Wells City Harriers		10:37.2	77	45
46	3:36:14	CHAMPION, Paul	Exmouth Harriers	NDB	10:38.9	40	46
47	3:36:22	GOULD, Simone	Running Forever Running Club		10:39.3	1130	47
48	3:36:28	REYNOLDS, John	Wells City Harriers		10:39.6	97	48
49	3:37:27	HUGHES, Andrew	Chepstow		10:42.5	118	49
50	3:37:51	RICHARDSON, Jonathan			10:43.7	150	50
51	3:38:19	CHARLESTON, Steve	Bearbrook Joggers		10:45.1	144	51
52	3:41:03	WOOD, Eleanor	Axe Valley Runners		10:53.2	195	52
53	3:41:44	POWRIE, Catherine	South West Road Runners		10:55.2	87	53
54	3:43:42	BROWNE, Brigid		NDB	11:01.0	1131	54
55	3:43:52	SAUNDERSON, Bill			11:01.5	165	55
56	3:45:06	BOWLES, Ian	Teignbridge Trotters		11:05.1	196	56
57	3:45:56	WATKINS, Jessica	Jess/Di/Mark		11:07.6	60	57
58	3:47:33	LESTER, Mark	North Devon Road Runners		11:12.4	81	58

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59	3:48:27	NICHOLS, Dave	Mercia Fell Runners		11:15.0	1129	59
60	3:48:31	FLOOD, Colin	Sidmouth Running Club		11:15.2	184	60
61	3:49:50	POWELL, Bob	Wells City Harriers		11:19.1	91	61
62	3:50:01	WICKHAM, Steve	Bearbrook Joggers		11:19.7	157	62
63	3:52:21	BERRY, Michael			11:26.6	161	63
64	3:52:44	LONGHORN, John		NDB	11:27.7	197	64
65	3:53:45	RICHARDSON, Anthea			11:30.7	124	65
66	3:53:48	HODGES, Bob	Bearbrook Joggers		11:30.8	147	66
67	3:53:48	PALMER, David	Sidmouth Running Club		11:30.8	149	67
68	3:53:59	COOPER, Craig		NDB	11:31.4	50	68
69	3:54:27	MCHENRY, Sean	Weston AC		11:32.8	115	69
70	3:54:33	BOLWELL, Phillip	South Devon AC		11:33.1	188	70
71	3:55:17	GEMMILL, Joanna	Springfield Striders		11:35.2	84	71
72	3:55:53	DENY, M		NDB	11:37.0	49	72
73	3:56:10	DODGE, Richard	Yeovil Town RRC		11:37.8	186	73
74	3:56:38	BRERETON, F			11:39.2	53	74
75	3:57:07	GIBBONS, Andrew	Westbury Harriers		11:40.6	101	75
76	3:57:38	JONES, David	Chippenham Harriers		11:42.2	192	76
77	3:58:24	SANSUM, ANDREW	Fell Running Assn		11:44.4	154	77
78	3:58:50	TRUMP, Zachary			11:45.7	181	78
79	3:59:16	ABREY, Lisa			11:47.0	109	79
80	3:59:53	RAY, Tom			11:48.8	57	80
81	4:00:58	MARRIOTT, Debbie	Sidmouth Running Club		11:52.0	183	81
82	4:01:09	CROOME, Lorraine	Exmouth Harriers		11:52.6	89	82
83	4:01:14	MCKENNA, Fiona		NDB	11:52.8	94	83
84	4:01:26	NEWBY, Jonathan	Trull Troggers		11:53.4	191	84
85	4:01:26	PRICE, Matt			11:53.4	160	85
86	4:01:30	CAWThERA, Don	Sidmouth Running Club		11:53.6	182	86
87	4:03:05	IRVING, Chris	Axe Valley Runners		11:58.3	92	87
88	4:03:58	ROGERS, Paul	Yeovil Town RRC		12:00.9	171	88
89	4:04:57	KUJAWINSKI, Jerzy			12:03.8	95	89
90	4:04:58	OLDHAM, Terence	Exmouth Harriers		12:03.8	74	90
91	4:04:59	SLIGHT, Lorraine	Exmouth Harriers		12:03.9	75	91
92	4:04:59	PREOCCUPIED, Slightly			12:03.9	114	92
93	4:07:47	KITCHINER, ASA			12:12.2	198	93
94	4:08:21	CHIMLEY, Mark			12:13.8	67	94
95	4:09:08	STRAUGHAN, Richard			12:16.1	1127	95
96	4:09:08	STRAUGHAN, Stephen	Exeter Triathlon Club		12:16.1	1128	96
97	4:09:55	FOWLER, Noel	Teignbridge Trotters	NDB	12:18.5	76	97
98	4:14:27	WESTGATE, Lesley	Maiden Newton Runners		12:31.9	180	98
99	4:14:52	JONES, Sarah	Dartmoor Runners		12:33.1	155	99
100	4:15:34	WILLIAMS, Neil	Langport Runners		12:35.2	66	100
101	4:15:34	BARNES, James	Langport Runners		12:35.2	65	101
102	4:16:28	SMITH, Alistair	Turnips Trotters		12:37.8	96	102
103	4:16:47	HUXLEY, Linda	Bearbrook Joggers		12:38.8	143	103
104	4:16:47	RIDGEWAY, Sandy	Bearbrook Joggers		12:38.8	148	104
105	4:23:21	KIRKMAN, Colin	Dartmoor Runners		12:58.2	79	105
106	4:23:27	EMONY, Rob	Westbury Harriers		12:58.5	13	106
107	4:23:34	HALL, Malcolm	Honiton Running Club		12:58.8	174	107
108	4:25:44	DUNK, Simon	Crewkerne RC		13:05.2	194	108
109	4:26:29	COLLINS, Steve	Wimbledon Windmilers		13:07.4	107	109
110	4:27:46	PURNELL, Ian	Weston AC		13:11.2	163	110
111	4:29:49	TRUEMAN, Paul			13:17.3	99	111
112	4:31:32	BONDI, Stewart	Dartmoor Runners		13:22.3	80	112
113	4:32:43	OSBORNE, Matt			13:25.8	132	113
114	4:32:43	OSBORNE, Russell			13:25.8	152	114
115	4:37:29	HUGHES, Ellen	Chepstow		13:39.9	117	115
116	4:40:52	BALDWIN, Louise			13:49.9	110	116
117	4:41:29	THOMAS, Alan			13:51.7	173	117
118	4:41:57	WILKIN, Sue	Exmouth Harriers		13:53.1	41	118
119	4:44:05	EDWARD, N	Wells City Harriers	NDB	13:59.4	1124	119

**Provisional Results for All Competitors in finish order.**

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120	4:51:58	NORRIS, Bonita			14:22.7	56	120
121	4:53:53	WELSH, David	Sidmouth Running Club		14:28.4	166	121
122	4:56:46	HOWARD, Robert			14:36.9	90	122
123	4:58:28	KELF, Dave	Axe Valley Runners	NDB	14:41.9	44	123
124	5:04:35	CROCKER, Marilyn	Victory AC		15:00.0	55	124
125	5:04:43	HUDSON, Naomi	Notts AC		15:00.4	123	125
126	5:04:48	HUDSON, Deborah	Mansfield Tri Club		15:00.6	168	126
127	5:05:15	CUSSEN, Chris	gillingham Trotters		15:02.0	185	127
128	5:05:15	OATTS, Elizabeth	gillingham Trotters	NDB	15:02.0	69	128
129	5:05:47	CLAPHAM, Penny			15:03.5	153	129
130	5:09:32	BURNAND, Rob			15:14.6	43	130
131	5:11:16	KING, Nancy			15:19.7	131	131
132	5:11:16	BREW, Fiona			15:19.7	156	132
133	5:12:50	CRAIGIE, Emma	Sidmouth Running Club	NDB	15:24.4	42	133
134	5:12:50	AFSHAR, Iain			15:24.4	98	134

There were 134 finishers in the All Competitors category.

**EXE to AXE RELAY RESULTS****SUNDAY 5 APRIL 2009**

<b>Position</b>	<b>Time</b>	<b>Team</b>
1	2.44.04	S West Road Runners 'A' (Gareth Hurst / Emma Hitchins)
2	3.02.24	S West Road Runners 'B' (Steve Rosser / Ian Walls)
3	3.09.30	Exmouth 50's (Andy Kennedy / Steve Merry / Richard Selby / Bob Goodall)
4	3.14.29	Little & Large (Chris Gill / Sam Fice)
5	3.18.21	Exmouth Harriers -Just the Two of Us (Ben White / Chris du Pain)
6	3.20.42	Exmouth 60's (Ray Elston / Bob Woodall / Jim Wyatt / Les Turner)
7	3.37.29	WRN Bicton Bombshells (Wendy Weir Jones / Penny Franklin / Rebecca Middleton Jones / Ellen Hunt)
8	3.39.50	Sidmouth RC 'On Tap' (John Hanson / Paul Mitchell)
9	3.44.24	Sidmouth RC 'Phil & Brian' (Brian Gosling / Philip Welsford)
10	3.53.45	Exmouth Ladies (Lorraine Slight / Nicola Crook / Lucy Hodgson)
11	3.54.18	Sidmouth RC 'Poddy Plodders' (Helen Palmer / John Podmore)