

SIDMOUTH CELEBRATES

Walk the Sidmouth Ring

Join Alexa on Saturday 1st April 2023 for a steady 14 mile walk around the Sidmouth Ring followed by a cream tea

Start from Sidmouth Sailing Club at 10am.

This is a FREE event limited to 25 places

Name
Address.....
.....Post Code.....
Email Address.....Male / Female
Mobile number. Phone to be carried on the walk.....
Contact in case of Emergency. Name.....Mobile.....

I accept the hazards inherent in this walk and acknowledge that I am entering this event at my own risk. I have sufficient knowledge, fitness, experience and equipment to take part in a long distance walk in all conditions. I confirm that I am in good health and have no medical conditions that may cause undue concern or inconvenience to others.

I understand that the walk is on public rights of way footpaths and the ground will be uneven and slippery at times and appropriate care needs to be taken. Please be aware that the route crosses public roads and I have to be aware of motor vehicles and bicycles when walking on or crossing them.

Please bring sufficient water and snacks for the complete walk

I accept that neither Sidmouth Running Club, the organiser, nor the Association of Running Clubs (ARC) shall be liable to me for any injury, loss or damage of any nature to me or my property arising out of my participation in this walk.

Signed.....

Date.....

Tick if you **do not** consent to the publication of photographs and video of the walk.

Please return completed form to sidmouthrunningclub@gmail.com or 8 Moor View Close Sidmouth. EX10 9UP to secure your place.