

JP's Exe to Axe 2023

Route Information

From the start head East along the road to the far end and go up the ziz zag path on your left, at the top turn right.
Entering Sandy Bay half way down the field will be an arrow and marker tape directing you through a gate onto the Coastal path.



Go through the gate at the end and keep on the path where a marshal will direct you to another marshal around the café. On rounding the café turn right and follow the arrow onto the Coastal path.

Coming down from the golf course into Budleigh you will pick up a tarmac path, in a short distance turn right down the steps to the seafront. DO NOT go straight down this path to the main road.



There are toilets on the way down and also at the far end of Budleigh beach before you reach the first water station.

After leaving the water station head towards the marshal at the far right hand corner. Follow the path to the main road, go over the bridge, follow the road around to the right, go over the brick pavers between two small walls and immediately turn right, signposted Coast path, Ladram Bay. This path runs parallel to the river right out to the cliff edge and is clearly defined then turns to the left. If you miss this turn you will be over the edge of the cliff onto the rocks below!

DO NOT take the short cut to the left 200 metres before reaching the cliff edge.





The next hill, Peak Hill, you have two choices on the ascent. There are steps to your right hand side or a grass slope in front of you. At the top of the slope head to the right and ignore the arrow on the little wooden post and head toward the gate in the right hand corner on the cliff edge.



Go through the gate, DO NOT turn left, go a little further and turn right which will take you down the path to the main road. At the main road turn right and keep to the right down the hill, BEWARE OF TRAFFIC. Keep to the right of the black and white directional arrows as you round the bend until you come to a marshal who will stay for 1.5 hours after the first runner passes to direct you into Peak Hill field.



At the bottom of the field will be a marshal who will stay for for 1.5 hours after the first runner passes to direct you onto the zig zag path to take you down to sea level. Turn left and follow the path which will take you onto Sidmouth Esplanade and the water station and toilets at the far end.

On leaving, a marshal will direct you over the bridge, follow the path up until you reach the road. Guided by arrows on road and lamp posts, go straight ahead up the road to the top, turn left and at the end turn right up to the top. Turn right and the path will lead you into the field.

Follow the Coastal path past Salcombe Mouth, Weston, Littlecombe Shute and drop down onto Branscombe beach to the water station and toilets. Leave going over the little concrete bridge and turn right into and up the field and along the top to Beer Head. At the lookout building, DO NOT turn left, keep to the path that runs alongside the top of the cliff. There will be a marshal there for 1.5 hours after the first runner passes.



Follow the path down into Beer and leave by passing the toilets on your left hand side, turn left taking the steps up and follow the path until you come to a road, turn right, follow the road down to the bottom and follow the road around to the left.

There will be an arrow marked on the road. Go up the road for 200 metres then turn right through a gate, (another arrow on the road)



Follow the path, on meeting the road, turn right up the hill before dropping down into Seaton. Look out for the arrow on the wall, opposite Wessiters Road.

There will be a marshal there for 1.5 hours after the first runner passes directing you to turn right down to the promenade.



At the bottom turn left and the finish is at the far end of the esplanade.