

May-19

Wed 1st	07:00 PM	Peak Hill, Muttersmoor Car Park, Sidmouth 3 miles: Claire 4 – 5 miles : John D 6 miles steady: Kyle
Mon 6th	07:00 PM	Tipton St John, Playing fields Group off road: John/Ben
Wed 8th	07:00 PM	Sailing Club, Sidmouth 3 miles: Terry 4 – 5 miles: Tim C 6 miles steady: Phil 6 miles fast: Ben Coaching Group: Tim
Mon 13th	07:00 PM	Otterton, Village Green Group off road: John/Ben
Wed 15th	07:00 PM	Newton Poppleford, Tennis Courts 3 miles: Jon B 4 – 5 miles : Paul 6 miles steady: Martin 6 miles fast: Ben Coaching Group: Tim
Mon 20th	07:00 PM	Joney's Cross, Car Park Group off road: John/Ben
Wed 22nd	07:00 PM	Salcombe Hill, Norman Lockyer Observatory Car Park 3 miles: Hamish 4 – 5 miles : Helen 6 miles steady: Kerry 6 miles fast: Ben Coaching Group: Tim
Mon 27nd	07:00 PM	Newton Poppleford, Tennis Courts Group off road: John/Ben
Wed 29nd	07:00 PM	White Cross Picnic Site, Sidbury 3 miles: Jo 4 – 5 miles : Chris 6 miles steady: Dave 6 miles fast: Ben Coaching Group: Tim

