

# Sidmouth Running Club

## August 2017 Training Diary

### August 2017 Training Diary

Wed	02/Aug	3	Club Night	Christine	Sailing Club	07:00 PM
		4	Club Night	Jon B	Sailing Club	07:00 PM
		5	Club Night	Helen	Sailing Club	07:00 PM
		6 & 6+	Club Night	Nigel	Sailing Club	07:00 PM
Mon	07/Aug	Various	Monday Night Run	Volunteers	Tipton St John	07:00 PM
Wed	09/Aug	Various	Club Night	Volunteers	Newton Poppleford	07:00 PM
Mon	14/Aug	Various	Monday Night Run	Volunteers	Otterton	07:00 PM
Wed	16/Aug	3	Club Night	Sarah	Sailing Club	07:00 PM
		4	Club Night	David L	Sailing Club	07:00 PM
		5	Club Night	Terry	Sailing Club	07:00 PM
		6	Club Night	Phil	Sailing Club	07:00 PM
		6+	Club Night	Ben/Tim	Sailing Club	07:00 PM
Mon	21/Aug	Various	Monday Night Run	Volunteers	Newton Poppleford	07:00 PM
Wed	23/Aug	3	Club Night	Jo	Muttersmoor	07:00 PM
		4	Club Night	John D	Muttersmoor	07:00 PM
		5	Club Night	Tim C	Muttersmoor	07:00 PM
		6	Club Night	Tim	Muttersmoor	07:00 PM
		6+	Club Night	Ben	Muttersmoor	07:00 PM
Mon	28/Aug	Various	Monday Night Run	Volunteers	Joney's Cross	07:00 PM
Wed	30/Aug	3	Club Night	Christine	Salcombe Hill	07:00 PM
		4	Club Night	Adam	Salcombe Hill	07:00 PM
		5	Club Night	Helen	Salcombe Hill	07:00 PM
		6	Club Night	Rob	Salcombe Hill	07:00 PM
		6+	Club Night	Ben/Tim	Salcombe Hill	07:00 PM