

# Sidmouth Running Club

## March 2017 Training Diary

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Wed	01/Mar	2	Club Night	Jo	Sailing Club	07:00 PM
		3	Club Night	Colin	Sailing Club	07:00 PM
		4	Club Night	Tim C	Sailing Club	07:00 PM
		5	Club Night	Becky	Sailing Club	07:00 PM
			Off-road steady Club Night	Tim	Sailing Club	07:00 PM
			Off-road faster Club Night	Ben	Sailing Club	07:00 PM
Mon	06/Mar	Various	Monday Night Run	Volunteer	Sailing Club	07:00 PM
Wed	08/Mar	2	Club Night	Christine	Sailing Club	07:00 PM
		3	Club Night	Shaun	Sailing Club	07:00 PM
		4	Club Night	Helen	Sailing Club	07:00 PM
		5	Club Night	Terry	Sailing Club	07:00 PM
		6	Club Night	Nigel	Sailing Club	07:00 PM
		6+	Club Night	Tim	Sailing Club	07:00 PM
Mon	13/Mar	Various	Monday Night Run	Volunteer	Sailing Club	07:00 PM
Wed	15/Mar	2	Club Night	Jo	Sailing Club	07:00 PM
		3	Club Night	Adam	Sailing Club	07:00 PM
		4	Club Night	David L	Sailing Club	07:00 PM
		5	Club Night	Rob	Sailing Club	07:00 PM
		6	Club Night	Phil	Sailing Club	07:00 PM
		6+	Club Night	Ben	Sailing Club	07:00 PM
Mon	20/Mar	Various	Monday Night Run	Volunteer	Sailing Club	07:00 PM
Wed	22/Mar	2	Club Night	Sarah	Sailing Club	07:00 PM
		3	Club Night	Colin	Sailing Club	07:00 PM
		4	Club Night	David L	Sailing Club	07:00 PM
		5	Club Night	Terry	Sailing Club	07:00 PM
		6	Club Night	Becky	Sailing Club	07:00 PM
			10k course Club Night	Justin	Sailing Club	07:00 PM
Mon	27/Mar	Various	Monday Night Run	Volunteer	Sailing Club	07:00 PM
Wed	29/Mar	2	Club Night	Christine	Sailing Club	07:00 PM
		3	Club Night	Jon B	Sailing Club	07:00 PM
		4	Club Night	Adam	Sailing Club	07:00 PM
		5	Club Night	Helen	Sailing Club	07:00 PM
		6	Club Night	Nigel	Sailing Club	07:00 PM
			10k course Club Night	Justin	Sailing Club	07:00 PM